

Join the Semiahmoo Parent Advisory Council on
Tuesday, January 31, 2023 @ 7:00pm

They will be hosting a seminar with Connie Jakab
presenting “BRING THEM CLOSER”



Kids are falling through the cracks right now both in Education and in our mental health system. Both parents and educators need tools, but tools that are rooted in research and psychology for a firm foundation to support the complex needs our kids are facing right now.

What is Covered:

- How to manage anxiety
- How to support kids with depression/anxiety/suicidal ideation
- How to bring our kids out of mental health crisis
- How to impact positive behaviour
- How to help hurting kids flourish

Connie Jakab has been working with kids falling through the cracks for over 20 years, but the deeper learning she has experienced is with her own son who was hospitalized for depression.