

Zoom meeting housekeeping rules

- All attendees need to be muted and please **remain muted** for the duration of the meeting.
- Please **rename** yourself to include your full first name and first initial of your last name, your kid's grade (example: John S, G8 & 11).
- Please **keep "Participants" and "Chat" features opened** on your screen.
- **If you have any questions**, use the "Chat" feature and select "send to everyone". Chat is being monitored by PAC executives and all questions asked are visible to everyone.

SEMIAHMOO PAC PRESENTS:

*"Post-Secondary Planning in a
Pandemic"*

*Options Solutions is offering FREE webinar for
schools and PACs*

Melinda Giampietro, founder of Options Solutions Educational Consultants, hosts an open discussion about the state of post-secondary admission and the factors influencing the 2021 cycle. This webinar will focus on what we DO know and what we CAN do to help students prepare and strategize for the next few years. We will explore academic and extra-curricular requirements and how students can differentiate themselves in an authentic way. With her usual optimism and warmth, Melinda will also share practical tips for handling new school structures (quarter and hybrid learning) and ways to creatively return to extra-curricular activities.

HOSTED BY: FOUNDER MELINDA GIAMPIETRO



Jan 26th, 2021 at 6:30pm

Semiahmoo Secondary PAC - Agenda January 26th, 2020 (6:30pm) - ZOOM

1. Welcome and Call to Order
 - Explain rules of zoom meeting
2. Adoption of Agenda
3. Adoption and discussion of previous minutes (October 2020)
4. REPORTS
 - Treasurer's Report - Nothing to report
 - DPAC Report - Adele Yu
 - Principal's report - Mr. Ranu
5. Adjournment

Options Solutions Presentation - Introduce Melinda Giampietro.

Next Presentation is February 23rd 6:30-8pm on ZOOM
Managing Mental and Emotional Wellness During COVID-19 for Semiahmoo Secondary School Parents and Caregivers with Andrew Neufeld. The PAC is hosting this presentation and there is a limit of 100 participants. The registration information will be sent out as soon as we have it.

Ways to stay connected:

School Website: www.surreyschools.ca/schools/semi

PAC website: www.semiahmoopac.wixsite.com/website
or to be found on the school's website under the Parent then PAC tabs or visit

Email: semiahmoopac@gmail.com

Upcoming PAC Presentations and Meetings

Details will be updated on <https://semiahmoopac.wixsite.com/website>

- **February 23rd 6:30-8:00 pm Managing Mental and Emotional Wellness during Covid-19 with ANDREW NEUFELD** - just spoke in Delta school district and received very positive reviews. This will be a PAC funded event. You will need to register for this presentation so keep your eyes out for that information coming in the new year. “Information will be presented on anxiety, stress, and burnout related to COVID-19, and give tips on how to manage our mental and emotional wellbeing through the pandemic while supporting our kids”
- **April - Mental Health.** Content to be determined
- **May - Elections**
- **June - Budget**